



2023 Master internship at University of University of Cadiz

TITLE

SPORTS SCIENCE, PHYSICAL ACTIVITY, DANCE AND HEALTH

LAB & PEOPLE

- Name of the hosting lab: GALENO. Sports Science and Physical Activity Department
- General activities of the lab: Research on Physical Activity and Health
- Website: <https://produccioncientifica.uca.es/grupos/7742/detalle>
- Number of staff / PhD: 16
- Supervisor name and contact: CARMEN PADILLA MOLEDO (carmen.padilla@uca.es)
<https://produccioncientifica.uca.es/investigadores/113131/detalle>

TOPIC OF THE INTERNSHIP

- Scientific context of the internship (max 20 lines)

Physical Activity, Physical Fitness and sedentary behaviour in children, adolescents and adults.

School based promotion of healthy lifestyles preventing obesity and improving active learning class.

Practice of Dance and Health

Keywords : physical activity, physical fitness, healthy life styles, children, dance, adolescents and adults

Bibliography : <https://produccioncientifica.uca.es/grupos/7742/publicaciones>

- Tasks and duties entrusted to the student: to enroll of research and project activities of the group such as : measurements, reviews, meetings, design of active Learning class ect.

- Skills to be acquired or developed: the student will strengthen his skills in physical fitness measurements, design of active Learning class, design of dance lessons for healthys styles and procedures of working in a research team.

PROFILE OF THE DESIRED STUDENT

- Minimum level of study required: Sports Science or Dance Bachelor
- Field(s) of study: Sports Science or Dance
- Scientific skills : none
- Language skills required : english/spanish

THE INTERNSHIP ASSIGNMENT:

Desired duration of the internship (in months): 1-10

Desired Starting date of the mission: *(please indicate the level of flexibility) : we are available during the whole academic year but not during july or august or academic holidays as Christmas or Easter*

Indicative weekly schedule: *20h / week*

Remuneration : none

Erasmus grant : none

Internship agreement: *an internship agreement will be signed.*

To SEA-EU students:

If you're interested please send your CV and letter of motivation to the scientist in charge, email : carmen.padilla@uca.es (<https://produccioncientifica.uca.es/investigadores/113131/detalle>) before the (there are is no deadline. But it's advisable to do it unless two months before of the desidered date for the internship. No internship in july or august are available)